



COACH MPILO

## JOB DESCRIPTION

### Who is Coach Mpilo?

In South Africa, there are hundreds of thousands of men who have HIV and are not on treatment. Many just find it too hard to deal with. Most are open to support, but it has to come from the right source.

Men told us the best source of support is another man who is living with HIV and doing well. A man who has been there, knows what it's like, and can show others that it's possible to have a good life with HIV.

That person is Coach Mpilo. A man living well with HIV who provides advice and support to men with the aim of helping them start and stay on treatment.

### Coach responsibilities

- Partner with the local clinic and community leaders to identify men who need support and let them know about Coach.
- Make yourself visible in the community through community outreach as well as the use of marketing materials (posters, flyers, social media, etc.)
- Aim to connect with a minimum of 20 men within the first month of employment (after training) and then 20 new men per month thereafter.
- Provide each man with personalised support on starting, continuing, or returning to treatment.
- Record and submit basic information on how each of his men is doing.
- Strive to empower all of his men to reach a point of self-reliance where regular support from a coach is no longer needed, ideally within six months.



## Characteristics of a good coach

- Open and confident about his HIV status
- Optimistic about life and the future
- Comfortable discussing personal topics
- Open-minded and non-judgmental
- Flexible and adaptable
- A people person who can connect with and motivate a wide range of men
- A team player who can collaborate with the local clinic and others in the community
- A good listener who can create a safe space for men to talk about and deal with their challenges
- Responsible in recording and submitting basic information
- Respected in the community as someone who is trustworthy

## Coach responsibilities

- Completion of matric
- On HIV treatment for at least one year
- Comfortable sharing his HIV status
- Successful completion of the Coach Mpilo training (conducted after appointment)

