



COACH/PLAYER CONTRACT

THE CHAT I HAD WITH MY COACH

I have met with my Coach and we have had a chat in which we agreed on the following:

- Our Commitment to our new relationship.
- Our shared intention to help me have the best HIV journey I could have.
- We will stick to our personal boundaries (e.g., Money, Personal Info)
- We will always relate to each other in an honest and trustworthy manner.
- How often we would be in contact, what sort of things we would be discussing and what sorts of things we wouldn't be talking about.
- I'm very clear about what to expect from Coach and he is clear about what to expect from me.
- My HIV positive status will always be kept confidential as I want it to be and I understand that it's possible some people will get to know that our relationship may be HIV linked (because people gossip).
- We have discussed the relationship limits and have agreed to do our best not to push any limits set.

It is a possibility that one of us may not live up to our agreement and may even do negative or destructive things. So, if I don't live up to this agreement, I commit to taking responsibility for that and voluntarily leaving without doing any more harm.

If I should feel abused/neglected or suffer from bad intention or treatment from my Coach I understand that I can report the problem to a higher authority outside of Coach Mpilo like the head of the program.

I look forward to valuing this relationship and it helping me stay as healthy as I can be.

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|---------------|---------------|-------|
| Signed: _____ | Signed: _____ | _____ |
| Coach | Player | Date |